

BREAKFAST FILLED CROISSANTS

PLAIN CROISSANT R40

CHEESE AND TOMATO CROISSANT R45

CHICKEN MAYO AND AVO CROISSANT R55

EGG BACON AND CHEESE CROISSANT R60

FULL BREAKFAST

ALL BREAKFASTS SERVED WITH YOUR CHOICE OF SCRAMBLED, POACHED OR FRIED EGGS AND CHOICE OF BROWN, WHITE OR LOW GI BREAD

HUDDLE BREAKFAST R75

2 EGGS, BACON, SAUSAGE, GRILLED CHERRY TOMATO, MUSHROOMS AND TOAST

ALL WEEK BREAKFAST R60

2 EGGS, BACON, GRILLED TOMATO AND TOAST

MEGA BREAKFAST R90

2 EGGS, BACON SAUSAGES, MINI STEAK, CHERRY TOMATO'S, MUSHROOMS AND TOAST

BREAKFAST BOWL R60

FRESH FRUIT SERVED WITH GREEK YOGHURT, BERRIE COMPOTE AND ROASTED ALMONDS/MUESLI TOPPED WITH HONEY

SALMON SCRAMBLE R95

SMOKED SALMON SERVED WITH SCRAMBLED EGGS, CREAM CHEESE AND CAPERS SERVED ON YOUR CHOICE OF LOW GI, WHITE OR BROWN TOAST

OMELETTES

SERVED WITH A SLICE OF TOAST

BACON AND CHEESE R65

GRILLED BACON, TOMATO, MUSHROOMS AND CHEESE

CHORIZO R65

BABY LEAF SPINACH, CHORIZO SAUSAGE, TOMATO MOZZARELLA CHEESE TOPPED WITH AVO (SEASONAL)

SMOKED SALMON R95

SMOKED SALMON, TOMATO, CAPER BERRIES, COTTAGE CHEESE SERVED WITH SOY & SWEET CHILI SAUCE

TOASTED SANDWICHES

CHOICE OF WHITE, BROWN OR LOW GI BREAD SERVED WITH CHIPS OR A SIDE SALAD

CHICKEN MAYO R60

BACON & EGG R50

BACON AVO & MOZZARELLA R65

CHEESE & TOMATO R45

TUNA MAYO R70

BACON, EGG & CHEESE R65

TOASTED CHEESE R40

BACON & CHEESE R55

HAM, CHEESE & TOMATO R59

